ISOTOPIC HYDROGEN LABELLING OF STEROIDS BY HOMOGENEOUS PLATINUM CATALYSED EXCHANGE *

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SUMMARY

^Anumber of new homogeneous metal catalysts have been studied for the deuteration and/or tritiation of a range of steroids. *Sodium tetrachloroplatinate (II) ws the most satisfactory of the catalysts examined. This compound catalysed selective exchange of protons in ring A of aromatic type steroids such as 3-desoxyestrone, oestrone and oestradiol. Conversion of the free steroids to their acetate or benaoate esters gave better labelling since the OH group in the pee steroid reacts with the catalyst leading to precipitation of platinum from the homogeneous solution and a reduction in exchange rate. Steroids with hindered double bonds such as cholesterol, testosterone, pregnenolone, desoqcorticosterone acetate and progesterone do not exchange rapidly nor do the cardiac glycosides, digitoxin and digitoxigenin. Exchange with homogeneous plutinum is more selective in isotope incorporation than with the corresponding heterogeneous plutinum. ^Amechanism for the homogeneous exchange is proposed in terns of n-bonded intermediates. The present data are a guide for predicting the isotopic hydrogen labelling behaviour of steroids with the recently discovered homogeneous pkztimun catalyst.*

INTRODUCTION

In the preceding paper *(I),* **a representative group of stemids has been labelled using heterogeneous platinum and palladium**

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as catalysts for the reaction. In the present work, a similar series of steroids has been labelled with the recently discovered⁽²⁾ homogeneous sodium tetrachlomplatinate **(11)** catalyst. Attempts have also been made to use homogeneous palladium, gold, nickel and cobalt catalysts for this labelling work. Previous exchange studies with the homogeneous platinum catalyst have been confined to simple aromatic and aliphatic compounds such as substituted benzenes, alkanes and cyclohexanes. $^{(3-6)}$ This is the first detailed investigation of the use of this homogeneous platinum catalyst with steroids. The results have been interpreted in terms of current catalytic theories. At the conclusion of the paper, a critical evaluation is made of the use of both homogeneous and heterogeneous catalytic methods for labelling steroids and molecules of similar structure of use in the chemical and biological fields.

A preliminary communication of this work has been published. **(7)**

EXPERIMENTAL

All organic chemicals and heavy water used for the homogeneous exchanges were obtained from the same sources as mentioned in the preceding paper. (1) Sodium chloroplatinite and sodium chloropalladite were supplied by Johnson, Matthey and Co. Limited.

For the actual exchange runs, the quantities of particular reagents used **are** shown in the relevant Tables I-IV. The general exchange method was a modification of that previously reported **for** benzene and simpler compounds⁽⁸⁾. The reaction medium was monodeuteroacetic acid (CH₃COOD) which was prepared by mixing the stoichiometric quantities of acetic anhydride with deuterium oxide and carefully refluxing under nitrogen. The catalyst was added to the deuteroacetic acid imediately prior to each series of runs. The organic compound together with any other additives, e.g., **HC1,** were included in the preconstricted reaction vessel which was then outgassed twice, sealed at 10^{-2} torr and heated for the required time in a

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water bath or oven. Fresh preparation of catalyst solution was needed prior to each series of runs, since r_t^{II} disproportionates to Pt^o and \mathtt{Pt}^IV on prolonged standing. The precipitated platinum is capable of catalysing competing homogeneous exchange although previous work with benzene indicates that such heterogeneous deuteration is very slow even at 150 $^{\circ}$ C. The catalyst used in all platinum runs was sodium tetrachloroplatinate (11). The potassium salt of this ligand is more easily purified, however it possesses only limited solubility in the reaction medium and for this reaon was not used in the present project.

The recovery of compounds from this homogeneous medium can be difficult. Those insoluble at room temperature were filtered off on a sintered glass filter, leached through the filter, usually with methanol, and evaporated with further methanol on a water bath under nitrogen to remove labile isotope, especially -OD. Soluble compounds were solvent extracted and the solvent evaporated under nitrogen. recovered material was dried over silica gel under vacuum at room temperature, then purified by chromatography, recrystallisation and, where applicable, by vacuum sublimation. The

The chemical purity of the products was then checked by physical methods such as infrared spectroscopy, polarimetry, m.p., N.M.R. and mass spectrometry. With all compounds, background runs with non-deuterated medium were performed to check that no catalytic rearrangement, degradation **or** inversion has occurred during labelling.

Deuterium analysis on the products was determined by **(1)** N.M.R. and mass spectrometry **as** previously described.

RESULTS AND DISCUSSION

The exchange conditions and isotopic incorporations for 3-desoxyestrone (I), oestrone (II), oestradiol (III), oestradiol monobenzoate (IV) and diacetate (V), testosterone (VI), testosterone acetate (VII) and propionate (VIII), and progesterone (IX) are shown in Tables I and II. The results for desoxycorticosterone acetate (X), **5-3** -dihydrotestostemne (XI), pregnenolone acetate (XII), pregnenolone (XIII), cholesterol (XIV), cholesteryl acetate (XV), and propionate (XVI), digitoxin (XVII) and digitoxigenin (XVIII) are summarised in Table 111. In Table IV data for simpler compounds **such as** benzene (XIX), diphenyl (XX), phenyl cyclohexane (XXI) and hexamethylbenzene (XXII) are **shown** for mechanistic comparison purposes.

 (1)

In Tables V-VII are listed the low voltage mass spectral deuterium distributions for a selected series of runs in Tables I-IV. Isotope orientation by N.M.R. on a representative number of the steroids in Tables 1-111 are summarised in Table VIII. homogeneous catalyst is important. Thus there is an upper temperature limit for the actual exchange **runs** and this leads to significant selectivity in isotope incorporation in those steroids where deuterat ion was achieved. It will be observed in this work that the stability of the

Nature of Catalyst Solution

Because the sodium chloroplatinite catalyst was an untried system for steroid exchanges, extensive preliminary investigations were necessary to determine the effective catalyst conditions. In this respect, a wide range of solvents for the exchange medium were examined to increase both solubility of the compounds and the deuterium content in the reaction solution. Only CH₃COOD gave a satisfactory catalytic solution. Even runs in a two phase system with D₂0 were unsatisfactory (Table I, runs 6,7). Complete

reduction of Pt^{II} to Pt^{O} occurred with all other solvents investigated, particularly the alcohols. The presence of hydroxyl and keto groups in the non-aromatic steroids (Tables 11, 111) also accentuated precipitation of the metal catalyst and is probably responsible for the poor labelling efficiencies of a large number of these compounds since sufficient concentration of catalyst could not be maintained in solution for long periods of time. Previous work^{\o,} with simpler compounds has shown that this precipitated platinum is virtually inactive for heterogeneous aromatic exchange at **100°C.**

In general, catalyst stability was found to be a function of time, temperature and nature of the substrate. Since Pt¹¹ was known to disproportionate to Pt^o and Pt^{IV} after prolonged standing at room temperature⁽⁸⁾, a satisfactory catalyst should show some degree of thermal stability. In CH_3 COOD, with all compounds investigated, the catalyst was stable for **24** hours at **100°C,** although with certain steroids, particularly those in Tables II and III some Pt^O was present after this time. At 120^oC, complete reduction to Pt^O occurred in less than **24** hours with **all** compounds studied. **As** a compromise, most **runs** were performed for **3-4** hours at about **95OC.** Similar difficulties with catalyst solution were encountered when sodium chloropalladite was used as catalyst instead of sodium chlomplatinite. Additional homogeneous catalysts examined, but unsuccessfully, in the present work were sodium chloroaurate (square planar), sodium chloropalladate and sodium chloroplatinate (both octahedral), platinum dichloride, nickel acetate and cobalt acetate.

Relationship between Steroid Structure and Labelling Efficiency

All compounds in Table I labelled readily in the aromatic ring using homogeneous platinum. Studies of the orientation of isotope in (I), (11) and (111) showed that both aromatic ring and **C-16** hydrogens had exchanged (Table VIII) however back dedeuteration runs with CH₂COOH showed that exchange at **C-16** hydrogens was labile. The N.M.R. orientation

effects were confirmed by the m.s. cut-offs in Table **V.** With oestradiol **(1111,** deuteration of the esters **(IV, V)** was more facile than the parent compound (Table **I,** runs 18-21), the diacetate **(V)** being more efficient than the monobenzoate **(IV).** The presence of free aliphatic hydroxyl groups tends to precipitate the catalyst through reduction to Pt^O and thus the homogeneous exchange rate is decreased. During the deuteration of oestradiol, simultaneous esterification of the compounds was observed, thus it is preferable to exchange the ester rather than the parent compound.

Data in Table **I** show that it is not possible to obtain a fully deuterated steroid by the homogeneous technique. **It** is therefore only possible to obtain selectively deuterated **(I)-(III)** by this procedure. **For** tritiation work however, despite the orientation effect, the present technique would be satisfactory as a general labelling tool especially for high specific activities, if highly active acetic acid were used.

For the deuteration and/or tritiation of the remaining steroids studied here, the present homogeneous platinum catalysed conditions are unsatisfactory (Tables II, III, V, VI) since back exchange with CH₂COOH and lMHCl removed all incorporated isotope. These steroids **(VI** to **XVIII)** are essentially saturated hydrocarbons which are known to exchange much more slowly than aromatic systems **.(3-6)** Even those steroids, such as cholesterol **(XIV),** which possess isolated double bonds did not label satisfactorily with either homogeneous platinum **or** palladium. Reasons **for** this lack of exchange will be discussed in the Section associated with the mechanism of the reaction.

It **is** interesting to note that testosterone **(VI)** did not exchange, even by keto-enol tautomerism, when reacted with pure CH₃COOD (no catalyst) for **3** hours at **92'** (Table **11,** run **22),** consistent with previous steroid keto-enol tautomerism studies in acetic acid. **(')** However, if either catalyst was added, **or** the solution was made **IM** in DCI, exchange of "labile" hydrogens occurred. This exchange would be stable **for** certain tracer experiments, if the pH of the solution were not high, however **for** most biological work this type of labelling is unsatisfactory.

Mechanism *of* Labelling

From preceding work⁽⁸⁾ and exchange of simpler compounds (Tables IV, VII), it is obvious that molecules possessing aromaticity, complex relatively strongly with the homogeneous platinum catalyst. Thus in phenylcyclohexane (Table VII, run 52) under the mild temperature conditions *of* the present deuteration, exchange *is* confined predominantly to the aromatic ring. Prolonged exchange of phenylcyclohexane at **120°** does give some isotope incorporation into the saturated ring also, however, the aromatic ring still exchanges much faster indicating that in molecules of mixed aromatic-aliphatic character, complexing is preferentially with the aromatic part. can now be applied to explain the behaviour of the more complicated compounds such as the steroids studied in the present work. The principles of exchange developed with these simpler molecules

If benzene is used as a representative aromatic system, from earlier kinetic investigations, exchange can be considered to occur by a homogeneous π -associative process (Figure I).^(3,8)

Fig. I. Homogeneous π -associative mechanism for exchange in benzene.

Hence initial formation of a π -complex takes place followed by electrophilic attack of a solvated deuteron **(D')** on the n-complex under the acidic conditions of the exchange to give the associative intermediate shown. **Loss** of **H+ from** the intermediate, followed by rupture of the n-complex, gives monodeuterated benzene. If a number of rapid exchange

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cycles of the n-complexed benzene occur before the n-complex breaks, multiple deuteration is observed and explains the pattern of many of the mass spectrometric deuterium distributions found in the present work in Tables V-VII.

However, evidence^(8,10) is available from steric considerations to show that the exchange occurs predominantly by a homogeneous n-dissociative process. In this mechanism (Figure **21,** exchange is thought to proceed by a dissociative process involving a reversible *n-0*

Fig. **2.** Homogeneous n-dissociative mechanism.

conversion. displacement of a proton from the n-bonded aromatic or a reversible rearrangement of the n-bonded complex to a six coordinated hydridocomplex with the subsequent exchange involving the hydrido group. The exchange step may be a reversible electrophilic

Application of II-Complex Mechanisms to Steroid Exchange

In considering the possible application of the above homogeneous n-complex mechanisms to the present steroid data, it is significant that, of the steroids studied, only those possessing an aromatic ring have been satisfactorily labelled. Thus in 3-desoxyesterone (I), cestrone (11) and oestradiol (III), the N.M.R. and mass spectra show that deuteration has

occurred in the C1 to C4 hydrogens and also at C16. In the latter case **(C16),** exchange was shown to be by keto-enol tautomerism, so that true catalytic deuteration only occurred in the aromatic ring. Exchange at C16 was more difficult than in simple ketones such as acetone, suggesting steric hindrance, however if the solution was 1 M in acid the C16 hydrogens would exchange.

Using 3-desoxyestrone (I) as example, the orientation in ring A indicates that the w-complex occurs preferentially with this part of the molecule. From the mass spectral distributions in Table V, the D₂ followed by D₄cut-offs suggest that only two positions in the aromatic ring are active since two positions at C16 deuterate leaving a further *two* from ring **A.** This result is consistent with exchange in molecules such as naphthalene **(XXIII)** where previous studies(3y10) have shown that only the

6 positions exchange with the present homogeneous catalyst and the **ci** positions are sterically hindered. From this reasoning, in (I) the hydrogens on **C2,** C3 would be expected to exchange faster consistent with mass spectral **and** N.M.R. data. Inclusion of an OH group in the ammatic ring activates the ortho positions to homogeneous catalytic exchange, (10) so that in **(11)** and **(111)** position 4 becomes more active to exchange than in **(I).** In certain of the mass spectral distributions of **(II),** peaks out to D₆ have been observed in the low voltage mass spectrum. Allowing **for two** hydrogens at **C16** and only three hydrogens left in ring A because of the OH, this suggests that on prolonged exchange, deuteration of the saturated ring adjacent to ring **A** occurs, presumably at position 6. would be consistent with the observed deuteration of the methyl group of toluene⁽¹⁰⁾ which involves π -allylic species (XXIV). Because of steric This

hinderance at the **C6** position in molecules such as (111, the magnitude of n-allylic exchange in these compounds is not as extensive as in toluene.

Using this π -complex theory, there are a number of reasons why the remaining members (VI) to (XVIII) of the present steroid series do not satisfactorily label with the homogeneous platinum catalyst. Most of VI to XVIII are essentially saturated hydrocarbons, which, even with simple molecules such as methane and cyclohexane, deuterate very much more slowly molecules such as methane and cyclohexane, deuterate very much more
than aromatic systems.⁽¹⁰⁾ Inclusion of tertiary carbon atoms and condensed ring structures such as in the present steroids reduces the exchange rate even further. The presence of a double bond, e.g. cholesterol (XIV) normally enhances complexing and rate of exchange. If complexing is too strong via such a π -olefin intermediate, then exchange may be irreversibly poisoned. With cholesterol and analogous steroids, however, the double bond is strongly sterically hindered and probably makes **no** contribution to the complexing and therefore the exchange. The other factor which reduces the exchange rates in these other steroids is the presence of non-hindered, aliphatic hydroxyl and keto groups. These readily reduce the Pt^{1} to Pt^0 , thus catalyst is lost from solution and the homogeneous exchange terminated. Comparison of Homogeneous and Heterogeneous Systems

In the preceding paper, (1) heterogeneous associative and dissociative n-complex mechanisms were shown to be valid for the interpretation of the deuteration data for the steroids, the π dissociative process predominating. In like manner, for the homogeneous exchange of the steroids, homogeneous π -associative and n-dissociative processes appear to be satisfactory, the **Ti**dissociative processes predominating. **For** the steroids where comparison can be made between homogeneous and heterogeneous systems, i.e. where secondary reactions do not interfere, similar patterns of deuteration exist for both catalytic procedures. This result is consistent with n-complex theory. **Thus** in 3-desoxyestrone (I), oestrone (11) and oestradiol (111) homogeneous exchange is predominantly and almost

exclusively in ring **A.** For the heterogeneous process, the ring **^A** also exchanges preferentially, but after prolonged deuteration, the other hydrogens also exchange. This pattern of activity parallels what has been observed for simple molecules. Thus the present observed relationships are further support for the concept that the manner of bond formation involving adsorbed molecules and the chemistry of inorganic co-ordination complexes are intimately related, presumably through π -complex formation. (10) The additional important mechanistic feature of the present work is that homogeneous platinum catalysed exchange in the steroids is generally more selective in a molecule than the corresponding heterogeneous reaction. Under heterogeneous conditions, exchange ultimately occurs over the whole molecule, although initially much faster near the unsaturated positions. homogeneous data are subtracted from the corresponding heterogeneous results, a significant fraction of the deuterium remains in the molecule. This fraction must be incorporated by processes that are surface catalysed only. Such mechanisms probably involve hydrogen abstraction processes **as** previously proposed for simple molecules. **(10)** In this respect the present biological compounds illustrate an extreme example, since they are relatively large molecules and can spread over a number of active sites on a heterogeneous surface. If the

Homogeneous and Heterogeneous Catalysis as Complementary Labelling Systems

The fact that the homogeneous method gives selectively deuterated and/or tritiated compounds whereas the heterogeneous technique ultimately exchanges all positions can be utilized to increase the range of selectively labelled compounds capable of being obtained by the present procedures.

Using tetralin to represent rings **A** and **B** of steroids **(I)** - (1111, it is possible to homogeneously back exchange fully deuterated compound **(XXV)** from a heterogeneous reaction to give

selectively deuterated (XXVI) which would normally be difficult to prepare.

In conclusion, it should be possible now to predict the behaviour of a particular steroid when being labelled by either the homogeneous or heterogeneous techniques. conditions under which the procedures are powerful deuteration The data show the and/or titration labelling tools. They obviously possess advantages when compared with the alternate radiation-induced methods, $\frac{1}{1}$ for tritium labelling.

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> See **the following pages for** Tables I-VIII **and References**

TABLE **I**

Exchange of 3-dezoxyestrone (I) oestrone (II),

aestradiol (1111, oestradiol monobenzoate (IV)

and oestradiol diacetate (V) with homogeneous

platinum and palladium catalysts.

 $A = Na_2$ PtCl₄ (0.02 M) in CH₃COOD $A = Ma_2$ PdCl₄ (0.02 M) in CH₃COOD $c = \text{D}Ac = \text{CH}_3\text{COOD}$ $d = D_2$ contains 0.02 M Na_2PtCl_4 $e = \text{Na}_2\text{PtCl}_4$ f 1 M HC1 **g** CH COOH, to examine degradation with no isotope present h_oestradiol acetylated during exchange. $\frac{f}{f}$ 1 M HCl g CH₃C

TABLE **I1**

Exchange of testosterone **(VI),** testosterone acetate **(VII),** testosterone propionate **(VIII)** and progesterone **(1x1** with homogeneous platinum and palladium catalysts.

- a Na2PtC14 (0.02 **M)** in CH3COOD

- b DAc = $CH₃$ COOD
- c Na₂PdC1₄
- \underline{d} Na₂PtC1₄
- e 0.05 ml 10 NHCl added to HAc; these were dedeuteration runs to check **for** incorporation by keto-enol tautomerism.
- $f 10$ NHCl

TABLE I11

Exchange of desoxycorticosterone acetate (X), 5-a-dihydrotestosterone (XI), pregnenolone acetate (XII), pregnenolone (XIII), cholesterol (XIV) , cholesteryl acetate (XV), cholesteryl propionate (XVI), digitoxin (XVII), and digitoxigenin (XVIII) with homogeneous platinum and palladium catalysts.

÷,

 \underline{a} Na₂PtCl₄ (0.02 M) in CH₃COOD

 b DAc = CH₃COOD

c _{0.05} ml 10 NHCl added to HAc; these were dedeuteration runs to
- c.05 ml 10 NHCl added to HAc; these were dedeuteration runs to check for incorporation by keto-enol tautomerism.

 d Na₂PdC1₁

 e Na₂PtC1₁

TABLE **IV**

Exchange of benzene **(XIX),** diphenyl **(XX),** phenycyclohexane **(XXI)** and hexamethylbenzene **(XXII)** with homogeneous platinum and palladium catalysts.

 \underline{a} Na₂PtCl₄ (0.02 M) in CH₃COOD *b* Na₂PdC1₄ (0.02M) in CH₃COOD c DAc = CH₃COOD \underline{d} Na_2PtCl_4 $e^{D_2O+Na_2PtCl_{\mu}}$ (0.130g)

TABLE V

Deuterium distributions for **3-desoxyestrone** (I) **oestrone (111, oestradiol** (111) **and its monobenzoate** (IV) **and diacetate** (V) **reported in Table 1**

* *By* **low voltage mass spectrometry.**

TABLE VI

Deuterium distributions for testosterone (VI), its acetate (VII) and propionate (VIII), progesterone (IX), desoxycorticosterone acetate (X), dihydrotestosterone (XI), pregnenolone acetate (XII) and pregnenolone (XIII) reported in Tables I1 and 111.

- **a By low voltage mass spectrometry**

- **b Catalyst unstable**

TABLE VII

Deuterium distributions **and** isotope orientation fop benzene (XIX) , diphenyl (XX) , phenylcyclohexane (XXI) **and** hexamethylbenzene (XXII), reported in Table IV

- a By **low voltage mass** spectrometry

b **By N.M.P.**

TABLE VIII

Orientation of deuterium in 3-desoxyestrone (I), oestrone (11) and oestradiol (III) and its benzoate (IV) and diacetate (III) $\frac{a}{n}$

a By N.M.R

b This deuterium was **labile** since back exchange occurred using reaction solution containing protium and no catalyst.

REFERENCES

